

Lunatic surfer or destiny? / by Donald

Paarman

Description

A book about the life and times of Donald Paarman, eldest of the renowned Cape Town surfing clan and arguably the best surfer to come out of South Africa in the 1960s. In his own inimitable way he lays bare his descent into drugs, alcoholism and lunacy on numerous occasions. His resurrection through surfing, therapy and abstinence to become a healthy and surf-stoked 56 year-old who is still seeking the meaning of life, is an inspiration to all and provides a timeless attraction for anyone interested in alternative New Age lifestyles and those living them.