

## Surfing : Hawaiian proverbs and inspirational quotes celebrating Hawai'i's royal sport / by He'e Nalu

### Description

The Hawaiian name for surfing is he'e nalu, a name that contains the poetic nuance that typifies 'olelo Hawai'i, the native tongue. The first word he'e can mean to run or flow, like a liquid, to slip or glide along. Nalu, or "wave" implies the surging rolling motion of the ocean. Put the two together and you have he'e nalu, wave-sliding - or surfing.