

Surfing the manual : advanced / by Jim

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Description

For the first time ever, the "Who's Who" of surfing divulge their secrets, in one book. All the key moves, barrels, tricks, airs, big waves, tow surfing, sharks, survival, competition surfing, preparation, fitness, equipment, boards, ocean knowledge. Amazing photography, step-by-step instructional sequences, insider tips from the very best, key moves--the pros tell you how.